

SANDWICHES

Egg & Spice Mayo  3.40
Free Range egg, spice mayo, mustard cress

Grilled Chicken & Avo  3.25
Chicken tikka, avocado, mixed salad leaves

Grilled Chicken Korma  3.25
Chicken malai, korma dressing, Salad leaves, cucumber

Bombay Chutney  3.40
Slow roast carrots, beetroot, mature cheddar, tomato, cucumber, mild coriander chutney

BAGUETTES



Smoked Beef  4.50
Smoked beef, gherkins, coleslaw, caramelised onion, kasundhi mustard

Vegan Tuna Mayo  4.50
Vegan tuna, sunflower seeds, korma mayo and avocado

Deluxe Cheddar  4.50
Deluxe cheddar, chunky mango and green chutney micro greens


TOASTIES



Lamb Mince Melt  4.95
Jaffle iron spiced lamb mince, potato, cheddar

Braised Chicken Melt  4.40
Jaffle iron braised chicken, onions

Vegan Mince Melt  4.60
Jaffle iron spiced vegan mince, potato, vegan cheese

Paneer Bhurji  4.95
Jaffle iron spiced paneer, onion, fresh herbs, turmeric

Two Cheese Chutney  4.65
Jaffle iron two cheese, cheddar, mozzarella, tomato chutney

PUFFS



Chilli Paneer Puff  3.15

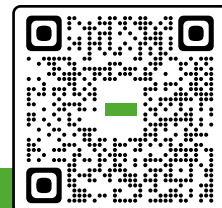
Chilli Chicken Puff  2.95

Spiced Tofu Puff  2.95

Beef Mince Puff  3.15

TEZZ
Fresh | Flavour | Fast

Order Online



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TAKE A SEAT OR TAKE AWAY


SOUP


Moong & Spinach  3.25
Moong dal, spinach celery soup, garlic

Chicken Corn Soup  3.95
Strands of chicken, sweetcorn, soya sauce, garlic, ginger and chilli

WARM TUBS TO GO


Kerala Chicken Curry  8.15
Chicken breast, basmati rice, kerala gravy, carrots, potato, onion, kale carrot salad

Butter Chicken  8.15
Charred chicken breast, basmati rice, makhani gravy, kale, carrot, coriander salad

Grilled Salmon Moile  8.25
Charred salmon, basmati/cauli rice. Moile gravy, kale carrot, coriander salad

Paneer Pea & Potato  8.25
Charred paneer steak, basmati rice. Pea & potato gravy, kale carrot, coriander salad

Vegan Butter Chicken  8.45
Chick'n fillet, makhni gravy, basmati rice, kale carrot, coriander salad

Vegan Kerala Chicken  8.45
Chick'n fillet, basmati rice, kerala gravy, kale carrot, coriander salad



TEZZ BOWL OR WRAP TO GO

TAKE A SEAT OR TAKE AWAY



STEP 1

Choose One

Basmati Rice
Super Grain Mix
Spring Green Mix

Or
Make it a Wrap

Fermented Naan



CHICKEN 7.95
BEEF 8.15
VEG 7.95

STEP 2

Choose Protein Any one

Mild Chicken Tikka
Chicken in Masala
Beef Mince
Braised Paneer
Turmeric Tofu

Double your Protein:

Chicken £2.95
Beef £3.05
Paneer Or Vegan £2.95



STEP 3

As many

Add Extra Toppings

Spiced Hummus
Cucumber Raita
Beetroot
Cabbage Koshumbir
Cucumber
Tomato
Jalapeno Peppers
Carrot Coriander Salsa
Pickled Onion
Pickled Gherkins
Sweetcorn



STEP 4

As many

Add Sauce/ Topper

Mild Makhani
Med Tikka 🌱
Med Chettinad 🌱
Mint Mayo
Mango Coriander 🌱



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Student Discount

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Loyalty Card

Use to redeem on items

COLD DRINKS

Soft Drinks

Karma Cola / Lemonade / Rassa 1.95
Coke Zero / Coke
Fanta Orange
Fanta Orange Zero 1.80
Water Still 500ml
Water Sparkling 500ml

Maynard Fresh Pressed Juices 3.25

Orange & Clementine
Apple & Elderflower
Cox & Bramley Apple Juice

Tezz Lassi 2.95

Mango
Sweet Almond
Cumin Mint

Tezz Lemonades 1.95

Roohafza (Rose)
Mint Lemon
Masala Lemon

Tezz Milk 3.25

Tezz Golden Turmeric Milk

Mango Lassi



DESSERTS

All contain dairy

Baked Yogurt Mango

House baked yogurt served with mango puree

Baked Yogurt Mixed Berry

House baked yogurt served with mix berry puree

Saffron rice pudding

Milk rice pudding with saffron and almonds

3.90 Each



HOT DRINKS

Coffee

Americano Black 2.90
Americano White 2.90

Flat White Regular / Large 3.20/3.60

Latte 2.90

Cortado 2.90

Extra Shot 0.90

Milk Alternative (Free)

Oat / Regular

Chai

Tezz Chai 2.90

Turmeric Chai Latte 3.25



Allergy Information

Contains: Dairy 🥛 Wheat 🌾 Egg 🥚 Soya 🌱 Nuts 🌰

Celery 🌿 Vegan 🌱 Mustard 🌿

Although we have taken steps to prevent cross-contamination, please inform our staff of any allergies or dietary restrictions. We are committed to customising your meal for safety and enjoyment.